**Mansfield**

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| Organisation | Help provided | Contact information |
| Mansfield District Council | A range of information for the residents of Mansfield and district. | [Main Homepage – Mansfield District Council](https://www.mansfield.gov.uk/)  Email: mdc@mansfield.gov.uk.  Call: 01623 463463 |
| Warsop Parish Council | Information and advice for residents of Warsop parish. | [www.warsopparishcouncil.co.uk](http://www.warsopparishcouncil.co.uk/)  Call: 01623 84601. |
| Mansfield CVS: | A central hub of advice, information, and guidance for the community, who also help people get into volunteering.    A range of information on fuel and energy advice. | Website: [www.mansfieldcvs.org](http://www.mansfieldcvs.org/)  Call: 01623 392444.      [Fuel Poverty and Energy Advice | Mansfield CVS](https://www.mansfieldcvs.org/community-information/fuel-poverty-and-energy-advice/) |
| Ask Us, Nottinghamshire | A Free, confidential Information, Advice and Support Service for parents and carers of children and young people with special educational needs and disabilities (SEND) | Website: [Contact Ask Us Nottinghamshire (askusnotts.org.uk)](https://askusnotts.org.uk/contact)  Call: 0800 121 7772 |
| Mansfield Job Centre: | Find out about the benefits and support you are entitled to including Tax Credits, Universal Credit, Income Support, Jobseekers Allowance, ESA, and Pension Credit. | [https://www.jobcentreplusoffices.com](https://www.jobcentreplusoffices.com/)  Call: 0800 169 0190.  Existing benefit claims: 0800 169 0310. Universal Credit: 0800 328 5644.  New benefit claims: 0800 055 6688 [www.jobcentrejobs.co.uk/jobcentre/mansfield-jobcentre](http://www.jobcentrejobs.co.uk/jobcentre/mansfield-jobcentre) |
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| Building Better Opportunities: | Support with those vital first steps towards gaining employment and overcoming barriers (for people who are unemployed, over 50, not in education or training and women who have never worked) | <https://www.mansfieldcvs.org/building-better-opportunities>  Call: 07850 503145 & 01623 362505  Email:info@mansfieldcvs.org |
| Nottinghamshire Family Information Service | Helping families find childcare, give information on different types of childcares and funding, as well as other useful information for parents | Website: [https://nottinghamshire.familyservicedirectory.org.uk](https://nottinghamshire.familyservicedirectory.org.uk/)  Call: [0800 458 4114](tel:0800%20458%204114)  Email: [fls@nottinghamcity.gov.uk](mailto:fls@nottinghamcity.gov.uk) |
| Money Sorted in D2N2 | Direct help and advice on money management and improving your financial wellbeing. You need to be of working age and either unemployed or not in paid work at the time of starting | <https://dhadvice.org/money-sorted>  To make a referral or receive support in:  Mansfield, Ashfield, contact Alison Parnell  Email: [alison.parnell@dhadvice.org](mailto:alison.parnell@dhadvice.org)  Call: 07305 802 094 |
| Children’s Centres (Mansfield). | A range of services for parents to be and families with children under five years old who live in Nottinghamshire | [Find your nearest Children's Centre Service team | Nottinghamshire County Council](https://www.nottinghamshire.gov.uk/care/early-years-and-childcare/childrens-centre-service/find-your-nearest-childrens-centre-service-team/)  Call: Mansfield West: 0115 9773763  Mansfield North: 0115 9773765 Mansfield South/East: 0115 9773740.  E-mail: [CC.Mansfield@nottscc.gov.uk](mailto:CC.Mansfield@nottscc.gov.uk) |
| Arena Church, Leeming Street | Social supermarket and community shop | [Food Club and Community Shop - Arena Community (arenacommunity.co.uk)](https://www.arenacommunity.co.uk/food-club-mansfield/) |
| Insight IAPT, Free talking therapies | Provide free NHS talking therapies for adults, to help with common issues such as low mood, stress, and anxiety. | Website: [https://www.insightiapt.org](https://www.insightiapt.org/)  Call:  0300 555 5582 |

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| Job Centre: | Find out about the benefits and support you're entitled to including Tax Credits, Universal Credit, Income Support, Jobseekers Allowance, ESA and Pension Credit. | [https://www.jobcentreplusoffices.com](https://www.jobcentreplusoffices.com/)  Call: 0800 169 0190.  Existing benefit claims: 0800 169 0310. Universal Credit: 0800 328 5644.  New benefit claims: 0800 055 6688 |
| Nottinghamshire Family Information Service | Helping families find childcare, give information on different types of childcare and funding, as well as other useful information for parents | Website: [https://nottinghamshire.familyservicedirectory.org.uk](https://nottinghamshire.familyservicedirectory.org.uk/)  Call: [0800 458 4114](tel:0800%20458%204114)  Email: [fls@nottinghamcity.gov.uk](mailto:fls@nottinghamcity.gov.uk) |
| Healthy Family Teams | A joined-up service for children, young people and families which brings together care provided by health visitors, school nurses, the Family Nurse Partnership Programme (for first time teenage mums) | [Healthy Family Teams are part of the Healthy Families Programme (nottinghamshirehealthcare.nhs.uk)](https://www.nottinghamshirehealthcare.nhs.uk/healthy-families-contact-us)  Advice Line: Call: [0300 123 5436](tel:0300%20123%205436) |
| BEUNotts | Mental health and wellbeing support For Children and young people aged 0-25 with mild to moderate mental health support needs. | Visit the website: [Contact - Be U Support | Free Mental Health Service for Children and Young People​](https://www.beusupport.co.uk/contact/)    Call: 0115 708 0008. (The help line is available Mon-Fri 9am-5pm.) |
| Family Action and Mansfield District Council- Food on Our Doorstep (FOOD club) | It costs £1 a year for a family to become a member. You can buy a bag of food items every week worth between £10 to £15 for just £3.50! | [Food On Our Doorstep - Family Action (family-action.org.uk)](https://www.family-action.org.uk/what-we-do/children-families/food-club/)    Email: [mansfieldfoodclubs@family-action.org.uk](mailto:mansfieldfoodclubs@family-action.org.uk)    Visit the Family Action [Notts Facebook page.](https://www.facebook.com/nottsfoodclub) |